

# CPR, AED, AND BASIC FIRST AID

COMBINATION TRAINING MADE EASY WITH AMERICAN SAFETY & HEALTH INSTITUTE

Whether you need emergency training for the workplace or the community, we can deliver comprehensive training that's easy to learn and easy to remember.

## Easy for your people...

- An excellent program choice for CPR, AED, and basic first aid skills and to build the confidence to respond
- Real-life scenario videos, full-color print materials, and easy-to-understand course content
- 2-year certification
- 4-5 hours for a comprehensive, fun class that includes skills and assessment
- Class options also include adult only or child and infant only skills

## Easy for you...

- Consistent with 2010 recommendations for CPR, ECC and first aid and OSHA's best practices for first aid training programs in the workplace
- Flexible content that can be customized to meet different teaching styles and learning needs
- Blended and classroom training options available



## Course topics include:

- Preparing to respond
- Sudden Cardiac Arrest and CPR
- AED operation
- Choking
- Patient assessment
- Soft tissue, muscle, and bone injuries
- Common first aid situations like bites and stings, heat and cold emergencies, burns, and more
- Optional topics include tourniquets, inhalers, and EpiPen® auto-injectors



*We make learning to save lives easy!®*

